

# Natural Choices Health Clinic

Your natural choice for health care

3007 SE Belmont Street, Portland, OR 97214 ph: (503) 445.7115 fax: (503) 445.7116

[www.NaturalChoicesClinic.com](http://www.NaturalChoicesClinic.com) [info@NaturalChoicesClinic.com](mailto:info@NaturalChoicesClinic.com)

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## PEDIATRIC INTAKE FORM (Birth - 5 years)

Patient's name: \_\_\_\_\_ Date of first visit: \_\_\_\_\_

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender: female \_\_\_\_\_ male \_\_\_\_\_

Mother's name: \_\_\_\_\_ Father's name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone # (home): (\_\_\_\_) \_\_\_\_\_ Parents # (cell): (\_\_\_\_) \_\_\_\_\_

Phone # (work): (\_\_\_\_) \_\_\_\_\_ Parents e-mail address: \_\_\_\_\_

How did you hear about this clinic? \_\_\_\_\_

Name of Dr.'s Office/Hospital/Clinic where your child's health records are kept: \_\_\_\_\_

Reason for referral or presenting problems: \_\_\_\_\_

<b>MEDICATIONS</b>	Now	Past		Now	Past
Aspirin	_____	_____	Antibiotics	_____	_____
Tylenol	_____	_____	Anti-histamine	_____	_____
Decongestant	_____	_____	Other	_____	_____
Ibuprofen	_____	_____	Allergies to medicines	_____	

### MEDICAL HISTORY

\_\_\_\_\_ Chicken pox \_\_\_\_\_ Scarlet fever \_\_\_\_\_ Tonsillitis, approx. no. \_\_\_\_\_  
\_\_\_\_\_ Measles \_\_\_\_\_ Pneumonia \_\_\_\_\_ Ear infections, no. \_\_\_\_\_  
\_\_\_\_\_ Mumps \_\_\_\_\_ Frequent colds \_\_\_\_\_ other (please list) \_\_\_\_\_  
\_\_\_\_\_ Rubella \_\_\_\_\_ Rheumatic fever

Has your child had any of the following tests? When WhereResults

Electroencephalogram .....

Psychological evaluation .....

Hearing .....

Speech/Language .....

Injuries/Surgeries/Hospitalizations (please list): \_\_\_\_\_

### IMMUNIZATIONS

\_\_\_\_\_ Measles \_\_\_\_\_ Polio \_\_\_\_\_ MMR \_\_\_\_\_ Smallpox \_\_\_\_\_ Diphtheria  
\_\_\_\_\_ Mumps \_\_\_\_\_ DPT \_\_\_\_\_ Tetanus \_\_\_\_\_ Influenza

Others (list) \_\_\_\_\_

Any adverse reactions? Y N What? \_\_\_\_\_

### FAMILY HISTORY

\_\_\_\_\_ Heart disease \_\_\_\_\_ Diabetes \_\_\_\_\_ Birth defects  
\_\_\_\_\_ Hypertension \_\_\_\_\_ Arthritis \_\_\_\_\_ Tuberculosis  
\_\_\_\_\_ Cancer \_\_\_\_\_ Allergies \_\_\_\_\_ Mental illness

**PLEASE COMPLETE BOTH SIDES**

## PRENATAL HISTORY

Previous pregnancies by natural mother, miscarriages, or complications? \_\_\_\_\_

Mother's age at child's birth? \_\_\_\_\_

Mother's health during pregnancy?

_____ Bleeding	_____ Physical or emotional trauma	
_____ Nausea	_____ Cigarettes, alcohol, drug consumption	
_____ Illnesses	_____ Medications	
_____ Hypertension	_____ Thyroid problems	_____ Diabetes

## BIRTH HISTORY

Term: Full \_\_\_\_\_ Premature \_\_\_\_\_ Late \_\_\_\_\_ Weight at birth \_\_\_\_\_

Length of labor \_\_\_\_\_ Complications? \_\_\_\_\_

Did your child have any of the following problems shortly after birth?

_____ Birth defects	_____ Birth injuries	_____ Blue baby
_____ Cerebral palsy	_____ Seizures	_____ Jaundice
_____ Colic	_____ Fever	_____ Rashes

Other (explain) \_\_\_\_\_

Child's sleep patterns (first year) \_\_\_\_\_

Food intolerances (if any) \_\_\_\_\_

Feeding: Breast fed? \_\_\_\_\_ how long? \_\_\_\_\_ Formula? \_\_\_\_\_ milk / soy \_\_\_\_\_

Age began solids \_\_\_\_\_ Which foods? \_\_\_\_\_

Age began: Sitting \_\_\_\_\_ Crawling \_\_\_\_\_ Walking \_\_\_\_\_ Talking \_\_\_\_\_

## SYMPTOMS (mark **Y** if current, **P** significant past symptom)

_____ Hives	_____ Burning of urine	_____ Bloody urine
_____ Eczema	_____ Frequent urination	_____ Cries easily
_____ Bleeding gums	_____ Heart murmur	_____ Nervous
_____ Nose bleeds	_____ Vomiting spells	_____ Sleep problems
_____ Acne	_____ Anemia	_____ Night sweats
_____ High fevers	_____ Stomach aches	_____ Sensitive to light
_____ Chronic rash	_____ Jaundice	_____ Body/breath odor
_____ Hearing loss	_____ Easy bruising	_____ Motion sickness
_____ Diarrhea	_____ Flat feet	_____ No appetite
_____ Sore throats	_____ Constipation	_____ Nightmares
_____ Headaches	_____ Gas	_____ Canker sores
_____ Frequent colds	_____ Bleeding tendency	_____ Unusual fears
_____ Wheezing	_____ Joint pains	_____ Excessive fatigue
_____ Cough	_____ Dizzy spells	_____ Hair loss

## DIET

Please describe your child's typical daily diet:

Breakfast: \_\_\_\_\_

Lunch: \_\_\_\_\_

Dinner: \_\_\_\_\_

Snacks: \_\_\_\_\_

To Drink: \_\_\_\_\_

**Thank you. We look forward to helping your child in any way we can.**

# NATUROPATHIC INFORMED CONSENT TO TREAT

Patient Name: \_\_\_\_\_

Office Name: Natural Choices Health Clinic / Dr Mary Frazel, ND

**Consent:** I hereby request and consent to the performance of naturopathic treatments and / or other naturopathic procedures, including various modes of physical therapy and diagnostic procedures, on me (or on the patient named above, for whom I am legally responsible) by the doctor of naturopathy named above and/or other licensed doctors of naturopathy who now or in the future treat me while employed by, working or associated with or serving as back-up for the doctor of naturopathy named above, including those working at the clinic or office listed above or any other office or clinic whether signatories to this form or not.

**Type of Care:** I have had an opportunity to discuss with the doctor of naturopathy named above and/or with clinic personnel the nature and purpose of naturopathic care and procedures. A description of the specific care which is currently contemplated follows:

**Homeopathic, herbal, nutritional, and lifestyle treatment.**

**No Guarantee:** I understand that results are not guaranteed.

**Recital of Risks:** I understand and am informed that, as in the practice of medicine, in the practice of naturopathy, there are some risks to treatment, including, but not limited to:

**Pain, discomfort, blistering, minor bruising, discoloration, infections, burns, itching; loss of**

**consciousness and deep tissue injury from needle insertions, topical procedures, heat or frictional**

**therapies, hydrotherapies, allergic reaction to prescribed herbs, supplements, prescription**

**medication; soft tissue or bony injury from physical manipulations; aggravation of pre-existing**

**symptoms.**

I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely on the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based upon the facts then known, is in my best interests.”

**Agreement and Continuous Effect:** I have read, or have had read to me, the above consent. I have also had an opportunity to ask questions about its content, and by signing below I agree to the above-named procedures. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

PATIENT SIGNATURE **X**

(Or Patient Representative)

(Indicate relationship if signing for patient)

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Dear New Patient,

Welcome to our clinic. We, the healthcare providers at the Natural Choices Health Clinic, look forward to providing for your health needs. We encourage your questions and participation in all aspects of your health care. **Please read and initial the following:**

\_\_\_\_\_ **I understand that full payment for all services and products I receive from Natural Choices Health Clinic and its practitioners is required at the time of service, except that portion billed to my insurance company.**

\_\_\_\_\_ **Further, I understand that Natural Choices Health Clinic may submit my bill to insurance carrier, if I so request, and that I am responsible for any services not covered by my insurance company, as well as, any co-pay, coinsurance or deductible required by my insurance.**

\_\_\_\_\_ **You will be charged a Missed Appointment fee of \$75.00 for any missed appointments. This includes late cancellations with less than 24 hours notice or arriving more than 15 minutes late to your scheduled appointment.**

\_\_\_\_\_ **I give permission for the staff at NCHC to contact me via telephone or email and leave a message that may contain appointment or medical information if I am not available.**

\_\_\_\_\_ **I hereby give my consent for Natural Choices Health Clinic to use and disclose protected health information about me to carry out treatment, payment and health care operations. The Notice of Privacy Practices provided upon request describes such uses and disclosures more completely.**

We accept MasterCard, VISA, Debit cards, checks, and cash. There will be a charge of \$25.00 for returned checks due to insufficient funds. We can arrange payment plans.

You recognize, understand and agree that your health care provider is a sole practitioner and is not a partner or otherwise affiliated with any other health care provider who may be providing similar services at the Natural Choices Health Clinic. You further recognize, understand and agree that your health care provider is solely responsible for and shall provide all professional services to you, and you are relying solely on your practitioner's skill for the professional services rendered at the Natural Choices Health Clinic.

Your health care provider may prescribe medication, which may be purchased either at the Natural Choices Health Clinic or elsewhere. Most insurance companies do not cover the pharmacy items that we prescribe and dispense.

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I have read and understand the above-stated policies of the Natural Choices Health Clinic and will comply with them in all respects. If my insurance company requires release of my medical records, I hereby give my permission by signing this form.

\_\_\_\_\_  
Your Signature (parent or guardian if minor)

\_\_\_\_\_  
Print your name (parent or guardian if minor & patient name)

\_\_\_\_\_  
Date

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## Acknowledgment of Receipt of Notice of Privacy Practices (HIPAA)

This document is to be signed by a person legally responsible for the patient's medical decisions relative to the treatment situation.

I, \_\_\_\_\_, hereby acknowledge that Natural Choices  
Patient's name  
Health Clinic has offered to provide me with a copy of its *Notice of Privacy Practices* that describes the manner in which my medical information may be used and disclosed, as well as how I can access this information for myself. I understand that if I have questions or complaints I may contact:

**National: Region X, Office for Civil Rights**  
**US Dept. of Health/Human Services**  
**2201 Sixth Avenue--Suite 900**  
**Seattle, WA 98121-1831**  
**1-866-627-7748**

**Local: Dept. of Human Resources**  
**500 Summer St, NE**  
**Salem, OR 97301**  
**503-945-5944**

I also understand that I am entitled to receive updates upon request if Natural Choices Health Clinic amends or changes its *Notice of Privacy Practices* in any way.

\_\_\_\_\_  
Signature of patient or legal sig

\_\_\_\_\_  
Relationship to Patient,  
(if signed by someone other than patient)

\_\_\_\_\_  
Date

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### SECTION BELOW FOR OFFICE USE ONLY:

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In the event that Natural Choices Health Clinic is unable to obtain written acknowledgment from the patient, the following must be completed:

I made a good faith effort to obtain a written acknowledgment of receipt of the Notice of Privacy Practices from the above-named patient, but was unable to because:

- Patient declined to sign this Written Acknowledgment.
- Other (specify): \_\_\_\_\_

\_\_\_\_\_  
Name and title of employee

\_\_\_\_\_  
Date